

DECEMBER 2015 UPDATE



# 2016 RATE SETTING

- Changes made from SEGBAC and Governor's office feedback:
  - ✓ Retiree rates (Pre-65 and Medicare Eligible) changed to reflect an across the board 12% increase. Average employee contribution increase 12%.
  - ✓ Did not change allowable days stay for Home Health, Skilled Nursing Facilities, or Rehabilitation (In-Patient and Out-Patient)
  - ✓ In-Network Medical Coinsurance Rate NOT changed from 75% to 70%.
  - ✓ With Plan in better financial position than reported at August meeting, HCBd proposing richer incentive plan for next year.
  - ✓ Moved to one Dental Plan as a core benefit
  - ✓ Decided not to issue RFP for RX for January 1, 2016

# FALL 2015 ANNUAL CHANGE

- 6 week schedule condensed to 2 ½ weeks
- Books issued by request; Smaller Publication
  - ✓ 991 books issued in 2015
  - ✓ Over 15,000 books issued in 2014
- Presentation shortened to 30-45 minutes
- Increased number of presenters
- Increased Webinars (Reached 1800 members; 400 last year)
- Decreased on-site meetings (112 this year; 178 last year)
- Total members attending meetings and webinars:
  - ✓ 5,167 in 2015
  - ✓ 4,520 in 2014
- Health Screenings and HRAs: Some members waited too long to schedule Health Screening appointments. Added two Saturdays (164 additional appointments)

# FALL 2015 ANNUAL CHANGE

- **What went well?**
  - ✓ Webinars very well received; Liked shorter presentations
  - ✓ Shorter time frame better for members and HCBD
  - ✓ Definite “cut-off” date
  - ✓ Encouraging on-line books, rather than paper books (Saved \$38,000 not counting savings in staff time)
  - ✓ Staff reported less stress!! We met deadlines
- **What didn't go well?**
  - ✓ Health Screening Appointments. Many waited until last minute.
  - ✓ Retiree presentations and coordination
    - First notification missed the mailing
    - Added an extra week and set up additional meetings – Post Office delay in mailing
- **SEGBAC Feedback**

# THIRD PARTY ADMINISTRATOR

- 9 Responses to our RFP
- Alliant completed quantitative analysis
- Scoring completed on October 17<sup>th</sup>; Contract signed on November 4<sup>th</sup>
- Allegiance selected as TPA; 3 year contract with option to renew annually up to 7 more years
- Summary Plan Document review and revisions
- Implementing C3 and RBP initiatives
- Next work on Health Care Blue Book; Wellness Programs

# DATA WAREHOUSE AND ANALYTICS

- ITSD Data Warehouse receiving data directly from our vendors
- Next Step: Analytic tools
- Currently utilizing VERISK through Allegiance Contract for data analysis and population management
  - ✓ Staff training in January 2016
  - ✓ Clinical and Analytics training
  - ✓ Interface with Health Centers

# MONTANA HEALTH CENTERS

- First performance guarantees under renewed contract measured at December 31, 2015
- Dr. Burkholder consulting on better integration of the Health Centers with Health Plan
- Actuarial Review – United Health Actuaries and Actuaries NorthWest
- Legislative Audit Division – Potential Performance Audit

# LIVE LIFE WELL INCENTIVE

- 2015 Earned/2016 Discount:
  - ✓ Projected \$3.5 million (built into 2016 rates)
  - ✓ Actual will be closer to \$3.8 million
  - ✓ 9,243 Health Screenings
- 2016 Earned/2017 Discount Goals:
  - ✓ Move from Member Participation to Member Engagement
  - ✓ Target relevant criteria for high cost conditions
  - ✓ Simplify member responsibility
  - ✓ Continue to use premium discount with \$3.3 to \$3.7 million projection



# LIVE LIFE WELL INCENTIVE

- **Health Screening**
  - HRA will be included in appointment process.
- **Tobacco Free**
  - Test will be included at health screening.
- **Next Steps**
  - 4 areas: BMI/waist circumference, cholesterol, glucose, blood pressure.
  - All members must choose 1 of the 4 options to qualify.
  - Self-report...this year.
  - Communication plan.